



Fall Term 1		14 credit hours	Hours	Notes
<b>1<sup>st</sup> 8 weeks</b>				
•	BSA 131 Introduction to Business		3	
•	BIO 160 Introduction to Human Anatomy and Physiology		4	Prerequisite: Reading Proficiency
<b>2<sup>nd</sup> 8 weeks</b>				
•	EXW 230 Complementary and Integrative Health Therapies		3	
•	AHS 240 Human Disease Process		4	Prerequisites: BIO 160. Reading Proficiency.
<b>Term hours subtotal:</b>			<b>14</b>	

Spring Term 1		15 credit hours	Hours	Notes
<b>1<sup>st</sup> 8 weeks</b>				
•	IHM 130 Applied Massage Therapy		3	
•	IHM 150 Therapeutic Massage I		3	
•	IHM 155 Practicum: Relaxation Massage		1	
<b>2<sup>nd</sup> 8 weeks</b>				
•	IHM 170 Therapeutic Massage II		3	
•	IHM 175 Practicum: Therapeutic Massage		1	
•	IHM 210 Therapeutic Massage III		3	
•	IHM 215 Practicum: Massage Therapy for Special Populations		1	
<b>Term hours subtotal:</b>			<b>15</b>	

Summer Term 1		7 credit hours	Hours	Notes
•	IHM 230 Therapeutic Massage IV		3	
•	IHM 235 Practicum: Spa/Hydrotherapy		1	
•	IHM 250 Therapeutic Massage V		3	
<b>Term hours subtotal:</b>			<b>7</b>	

*This recommended sequence is not a binding agreement of any kind between Yavapai College and the student, but merely represents a potential curriculum that may be altered as appropriate to meet the student's academic objectives. Course availability is subject to change and all courses are not available every semester. Students should inquire each semester with their Advisor before registering to determine current requirements and possible changes to the suggested curriculum.*